

Autumn Term Week Two Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals
Snack	Fresh fruit Choice of milk or water	Fresh fruit Choice of milk or water	Fresh fruit Choice of milk or water	Fresh fruit Choice of milk or water	Fresh fruit Choice of milk or water
Lunch	Vegetable and tomato pasta bake	Chicken and vegetable pie with creamed potatoes	Salmon and broccoli pasta bake	Cottage pie with green beans	Chilli sin carne with rice
Dessert	Rhubarb and custard	Ice cream with fruit coulis	Cocoa and beetroot cake	Mandarins	Apple crumble and custard
Snack	Oatcakes with houmous	Rice cake and soft cheese	Sliced melon	Vegetable crudités	Breadsticks and salsa
Tea	Ham wraps and coleslaw	Spaghetti hoops and toast	Leek and potato soup with bread and butter	Cheese and broccoli pasta bake	Jacket potato with beans
Dessert	Carrot cake	Jelly with raspberries	Yogurt	Banana muffin	Flapjack